

MENU

BREAKFAST

Made-to-order breakfast favorites featuring real eggs, made from scratch ciabatta bread, premium greek yogurt and fresh fruit.

EGG SANDWICHES

- Crispy Bacon & Cheddar** | 760 CAL
- Diced Ham & Cheddar** | 660 CAL
- Sausage & Cheddar** | 850 CAL
- Denver** | 670 CAL
Cheddar, diced smoked ham, red onion, red and green bell peppers
- Classic Egg** | 540 CAL
- Cheddar** | 620 CAL
- Roasted Veggie** | 640 CAL
Roasted red onions, squash, bell peppers, eggplant, melted muenster
- Southwestern** | 660 CAL
Diced tomatoes, red onion, red and green bell peppers, peppery corn mix, cheddar, spicy southwestern dressing

AVOCADO TOAST

- Classic Avocado** | 390 CAL
- Avocado & Egg** | 470 CAL
- Avocado & Bacon** | 310 CAL

LIGHT BITES & SIDES

- Organic Oatmeal Side** | side 140 reg 260 CAL
Available daily until 10 a.m.
- Fresh Fruit Cup** | 120 CAL
- Mixed Berry & Granola Yogurt Cup** | 280-300 CAL
Greek or Vanilla Yogurt
- Avocado Side** | 140 CAL
- Hard Boiled Egg** | 80 CAL
- Country Ciabatta** | 240 CAL
- Peanut Butter or Whipped Cream Cheese Side**
150-260 CAL

★ Favorites 🌱 Vegetarian 🍳 Served Hot

Item availability may vary by location.

BAKED GOODS

Pastries individually prepared by hand daily and cookies crafted from original family recipes.

SAVORY

- Egg Croissants** | 420-510 CAL
Bacon, Cheddar, & Egg | Veggie, Cheese & Egg
- Savory Croissants** | 330-400 CAL
Ham & Cheddar | Spinach & 3 Cheese | Turkey & Swiss
- Classic Croissant** | 520 CAL
Butter
- Quiches** | 300-360 CAL
Diced Ham | Roasted Veggie | 3 Cheese

SWEET

- Muffins** | 480-540 CAL
Blueberry Crumble | Carrot Raisin Bran | Oatmeal Banana
Pumpkin Walnut | Black Bottom
- Scones** | 460-470 CAL
Blueberry Lemon | Raspberry Almond | Cranberry Flaxseed
- Cinnamon Roll** | 440 CAL
- Pecan Sticky Bun** | 770 CAL
- Morning Buns** | 520-530 CAL
Cinnamon Sugar | Chocolate Almond
- Sweet Croissants** | 400-460 CAL
Double Chocolate | Blueberry Cream Cheese | Cranberry Cream Cheese

SIGNATURE COOKIES & DESSERTS

- Signature Cookies** | 330-470 CAL
Semi-Sweet | Milk Chocolate | Black & White | Oatmeal Wheatgerm
Dark Chocolate Walnut | Oatmeal Raisin | Snickerdoodle | Peanut Butter
Peanut Butter Chocolate Chunk
- Brownies** | 290-360 CAL
Double Fudge | Walnut Fudge
- Mini Bundt Cake** | 190 CAL
Red Velvet
- Mini Pies** | 260-430 CAL
Carmel Pecan | Spiced Pumpkin



BEVERAGES

Proud partner of Peet's Coffee & Mighty Leaf Tea.
Variety of premium brand-named bottled beverages.

Peet's Coffee

- Drip Coffee** | 0-5 CAL
- Caffe Latte** | 170-240 CAL
(Iced or Hot)
(Regular, Soy, Almond or Oat Milk)
Vanilla, Mocha or Caramel
- Cappuccino** | 120-160 CAL
(Iced or Hot)
- Espresso** | 10-25 CAL
(Iced or Hot)
- Iced Baridi Cold Brew**
0-140 CAL
- Cold Brew Fog** | 90-140 CAL
- Blended Javiva** | 240-470 CAL
Mocha, Matcha or Vanilla

Mighty Leaf

- Fresh Brewed Iced Tea** | 0 CAL
- Iced Tea Fog** | 100-200 CAL
- Iced Tea Lemonade** | 0-90 CAL
- Hot Tea** | 0 CAL
- Hot Tea Latte** | 170-310 CAL

FRESH FRUIT SMOOTHIES

- Strawberry & Banana** | 170-180 CAL
Fresh strawberries and bananas, with your choice of greek or vanilla yogurt, blended with ice
- Strawberry, Blueberry & Banana** | 140-150 CAL
Fresh strawberries, blueberries and bananas, with your choice of greek or vanilla yogurt, blended with ice


Specialty's
CAFÉ & BAKERY

BOTTLED

- Canned Sodas** | 0-140 CAL
- Dasani Bottled Water** | 0 CAL
- Pellegrino** | 0-150 CAL
- Smartwater** | 0 CAL
- Vitamin Water** | 0-120 CAL
- Honest Tea** | 70-100 CAL
- Odwalla Smoothies**
100-200 CAL
- Odwalla Orange Juice**
210 CAL
- Hubert's Lemonade**
130-140 CAL
- Suja Cold Pressed Juices**
50-170 CAL
- Peet's Iced Espresso**
100-130 CAL
Vanilla Latte | Black & White



FRESH FRUIT,
YOGURT,
ICE.

That's it.

SANDWICHES

Our breads are baked fresh in-house daily and our meats are hand-carved for full flavor and tenderness.

TURKEY

🇺🇸★ **Turkey Pesto** | 660 CAL
Roasted turkey breast, muenster, cream cheese, basil pesto, fresh spinach, red onion, dill pickle, bell peppers, mayo on toasted ciabatta

★ **Turkey & Cranberry** | 710 CAL
Roasted turkey breast, whole cranberry sauce, green leaf lettuce, sunflower seeds, mayo on sesame sourdough

Turkey Avocado Swiss Chairman | 730 CAL
Roasted turkey breast, swiss, the basics*, avocado, cucumber, ranch, stone ground mustard, mayo on herb bread

🇺🇸★ **Turkey Avocado** | 610 CAL
Roasted turkey breast, goat cheese, avocado, arugula, black pepper and mayo on toasted wheat bread

🇺🇸★ **Turkey, Apple, Brie & Bacon** | 1040 CAL
Roasted turkey breast, bacon, brie, roasted fuji apples, arugula, lemon thyme aoli on toasted ciabatta

Club | 840 CAL
Roasted turkey breast, smoked ham, cheddar, swiss, the basics*, cucumber, pepperoncini, bell peppers, ranch, stone ground mustard, mayo on whole wheat

Cobb | 870 CAL
Roasted turkey breast, bacon, bleu cheese, the basics*, avocado and mayo on potato poppy seed bread

Roasted Turkey | 580 CAL
Roasted turkey breast, the basics*, mayo on sesame sourdough

TUNA

🇺🇸★ **Tuna Melt** | 530 CAL
Tuna salad made with celery and green onions, melted cheddar, the basics* on toasted ciabatta

Tuna Salad | 420 CAL
Tuna salad made with celery and green onions, the basics* on whole wheat

- ★ Favorites
- 🌱 Vegetarian
- 🇺🇸 Served Hot

*The Basics

Green leaf lettuce, tomato, dill pickle, red onion, black pepper and house-made Italian dressing.

CHICKEN

★ **Chicken Pesto** | 720 CAL
Chicken tossed in pesto, fresh mozzarella, tomato, fresh basil and basil pesto spread on toasted focaccia

🇺🇸★ **Chicken Bacon Ranch** | 690 CAL
Roasted chicken, swiss, bacon, red onions, tomato, lettuce, and ranch dressing on toasted ciabatta

🇺🇸★ **BBQ Chicken & Bacon** | 900 CAL
Marinated BBQ chicken, bacon, cheddar, tangy BBQ sauce, spicy cole slaw on toasted ciabatta

Napa Waldorf Chicken Salad | 630 CAL
Roasted chicken, candied walnuts, fuji apple, celery, raisins, whole cranberry sauce, green leaf lettuce on whole wheat

BEEF & HAM

Ham, Brie & Fig Croissant | 690 CAL
Smoked ham, brie, fig spread on sliced butter croissant

🇺🇸★ **Hot Cheesy Steak** | 790 CAL
Roast beef, provolone, cream cheese, mushrooms, bell peppers, pepperoncini, red onion, stone ground mustard, mayo on toasted ciabatta

🇺🇸★ **Hot Ham & Cheddar** | 740 CAL
Smoked ham, cheddar, cream cheese, the basics*, stone ground mustard, mayo on toasted potato poppy seed bread

Beef & Blue | 630 CAL
Roast beef, bleu cheese, spinach, tomato, red onions, ranch on toasted ciabatta

🇺🇸★ **Pastrami & Spicy Slaw Rebecca** | 650 CAL
Pastrami, swiss, spicy cole slaw on toasted ciabatta

★ **Roast Beef** | 600 CAL
Roast beef, the basics*, horseradish crema, mayo on herb bread

★ **Big BLT** | 700 CAL
Crispy bacon, the basics*, mayo on toasted sesame sourdough

🇺🇸★ **Hot Pastrami & Swiss** | 730 CAL
Pastrami, swiss, the basics*, stone ground mustard, mayo on toasted ciabatta

Smoked Ham | 580 CAL
Smoked ham, the basics*, stone ground mustard, mayo on potato poppy seed bread

SOUPS

We offer slow-cooked soups daily for the best flavors.

Check menu board for today's soup offerings
Available daily after 10 a.m.

🌱 VEGETARIAN

★ **Caprese** | 840 CAL
Fresh mozzarella, tomato, fresh basil, spinach, red pepper pesto, extra virgin olive oil on toasted thyme focaccia

Mediterranean | 920 CAL
Fresh mozzarella, kalamata olives, spinach, tomato, fresh basil, red pepper pesto spread, basil pesto, balsamic vinaigrette on toasted thyme focaccia

★ **Vegetarian** | 740 CAL
Swiss, provolone, the basics*, avocado, bell peppers, mushrooms, cucumber, pepperoncini, stone ground mustard, ranch, mayo on herb bread

🇺🇸★ **Hot Roasted Veggie** | 420 CAL
Roasted veggies, goat cheese, spinach, red pepper pesto, balsamic vinaigrette on toasted herb bread

Four Cheese | 820 CAL
Cheddar, swiss, provolone, muenster, the basics*, mayo on sesame sourdough

Peanut Butter & Stuff | 870 CAL
Peanut butter, banana, apples, cranberry sauce on whole wheat

SALADS

Made to order from premium ingredients and sourced from local producers when possible.

★ **Kale Pesto Chicken** | sm 590 CAL lg 820 CAL
Kale, cabbage & Brussels sprouts mix, chicken tossed in pesto, avocado, parsley feta, edamame, grape tomatoes, Greek Goddess dressing

Tuna Salad & Avocado Good Fortuna
sm 500 CAL lg 680 CAL
Tuna salad, avocado, cucumber, red onion, black sesame seeds, wonton strips on romaine lettuce. Poppy seed dressing

Balsamic, Berry & Avocado | sm 320 CAL lg 560 CAL
Goat cheese, strawberries and blueberries, granny smith apples, avocado, sunflower seeds on spring mix. Balsamic vinaigrette

★ **Chicken Cobb** | sm 680 CAL lg 1130 CAL
Roasted chicken, bacon, egg, crumbled bleu cheese, avocado, grape tomatoes, carrots, green onions, mushrooms, croutons, on chopped hearts of romaine. Ranch dressing

Chicken Caesar | sm 620 CAL lg 990 CAL
Roasted chicken breast, shaved parmesan, house-made croutons, on chopped hearts of romaine. Caesar dressing

★ **Chinese Chicken** | sm 410 CAL lg 660 CAL
Roasted chicken, wonton strips, red bell peppers, red onion, and black sesame seeds, over Asian salad mix (cabbage, cilantro, green onion, carrots). Pan-Asian dressing

🌱★ **Spinach, Berry & Goat Cheese** | sm 410 CAL lg 760 CAL
Fresh strawberries and blueberries, goat cheese, candied walnuts on baby spinach. Raspberry walnut dressing

LIGHT BITES & SIDES

Prepared daily to ensure freshness. Mix & match to make a meal.

Veggie Cup | 200 CAL

Avocado Side | 140 CAL

Edamame Cup | 240 CAL

Spicy Coleslaw | 100 CAL

Fresh Fruit Cup | 120 CAL

Hard Boiled Egg | 80 CAL

Mixed Berry & Granola Yogurt Cup | 280-300 CAL
Vanilla or Greek

Assorted Chips | 130-210 CAL

Tuna Salad Side | 210 CAL

Chicken Breast Side
170-280 CAL
Roasted, Pesto, BBQ, Napa Chicken Salad

ADD-ONS

Add bacon or avocado to any sandwich | 60-90 CAL

Add protein to any salad | 170-280 CAL
Roasted Chicken, Pesto Chicken, BBQ Chicken, Chicken Salad, Bacon, or Tuna Salad

🌱★ **Southwestern Avocado** | sm 390 CAL lg 680 CAL
Southwestern corn mix, cheddar, avocado, 3-bean mix, black olives, tortilla strips, carrots, green onion, grape tomatoes, on chopped hearts of romaine. Spicy southwestern dressing

🌱★ **Dawn's Vegan** | sm 330 CAL lg 560 CAL
Avocado, southwestern corn mix, artichoke hearts, carrots, 3-bean mix, edamame, mushrooms, green onion, grape tomatoes, sunflower seeds on spring mix. Fat-free balsamic vinaigrette

🌱★ **Spicy Thai Peanut** | sm 390 CAL lg 730 CAL
Honey-roasted peanuts, cucumbers, wonton strips, red onion, over Asian salad mix (cabbage, cilantro, green onion, carrots). Spicy Thai peanut dressing

Spinach & Bacon | sm 580 CAL lg 950 CAL
Baby spinach, bacon, sliced egg, avocado, grape tomatoes, mushrooms, carrot, red onions, croutons. Poppy seed dressing

🌱★ **Mixed Greens** | sm 250 CAL lg 420 CAL
Spring mix, avocado, grape tomatoes, carrot, cucumber, croutons. Balsamic vinaigrette

🌱★ **Greek Goddess** | sm 330 CAL lg 540 CAL
Kalamata olives, artichoke hearts, parsley feta, grape tomatoes, cucumbers, red onion, on chopped hearts of romaine. Greek Goddess dressing

Caesar | sm 540 CAL lg 900 CAL
Hearts of romaine, shaved parmesan, croutons. Caesar dressing